

RAISING
FUTURE-
READY
KIDS >>>

Mental & Emotional Resilience



DATE:

21 May 2021 (Fri)

TIME:

6.30 – 7.30pm

[CLICK HERE TO REGISTER](#)

We live in an increasingly fast-paced and competitive world , where the pressure to succeed academically and perform can leave our children feeling panic-stricken and overwhelmed.

Discover how you can help your child by understanding your child's stressors, relishing the gift of failure and building psychological resilience.

Trainer:



Gary Koh is a Counsellor and Family life educator with nearly two decades of experience working with youths and their parents . He is passionate about advocating family and has been speaking on issues of marriage, parenting, youth and sexuality for close to 20 years.

PARENTED
TRAININGS

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